



# APRIL 2024

## CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 1<sup>st</sup> – 5<sup>th</sup>

Powering  
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

**MON**

**NO SCHOOL  
SPRING BREAK**

**TUES**

**NACHO BAR**  
Beef Taco Meat  
Cheese Sauce  
Assorted Toppings

**WED**

**MTO DELI BAR**  
-OR-  
Farmhouse Chicken  
Sandwich

**THURS**

**ASIAN BOWL**  
General Tso's  
Popcorn Chicken  
Lo Mein or Rice

**FRI**

**MTO DELI BAR**  
-OR-  
Chipotle BBQ Chicken  
Panini

Spicy Chicken  
Cheeseburger  
Max Sticks

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Spicy Chicken  
Cheeseburger  
Max Sticks

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Chicken Bacon Wrap  
PB&J Pack  
Assorted Salads

Italian Sub  
PB&J Pack  
Assorted Salads

Carlynton Club  
PB&J Pack  
Assorted Salads

Turkey Ba'Boom Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Chicken Bacon Ranch

Cheese  
Pepperoni  
Buffalo Chicken

Cheese  
Pepperoni  
Beef Taco Pizza

Cheese  
Pepperoni  
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:  
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers  
French Fries and Steamed Vegetables also Available Daily

### MTO DELI BAR

Made to order wraps, sandwiches, and subs  
toppings include a variety of meats and  
cheese lettuce, tomato, banana peppers,  
jalapenos, pickles, onion, assorted dressings  
\*HUMMUS AVAILABLE\*

All Lunches MUST  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

### MEAL PRICES

Breakfast-FREE  
Lunch- FREE  
Extra Entrée \$2.25  
Milk \$.75

**Menus are subject to change.**

This institution is an equal  
opportunity provider.

**aramark**  
STUDENT  
NUTRITION



# APRIL 2024

## CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 8<sup>th</sup> – 12<sup>th</sup>

Powering  
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

MON	TUES	WED	THURS	FRI
<b>MTO DELI BAR</b> -OR- Baked Italian Hoagie	<b>NACHO BAR</b> Walking Tacos Assorted Toppings	<b>MTO DELI BAR</b> -OR- Pressed Cubano Sandwich	<b>ASIAN BOWL</b> Sweet Chili Chicken Fried Rice Egg Roll	<b>MTO DELI BAR</b> -OR- Grilled Buffalo Chicken Wrap
Crispy Chicken Cheeseburger Chicken Tenders	Spicy Chicken Cheeseburger Max Sticks	Crispy Chicken Cheeseburger Chicken Tenders	Spicy Chicken Cheeseburger Max Sticks	Crispy Chicken Cheeseburger Chicken Tenders
Buffalo Chicken Wrap PB&J Pack Assorted Salads	Chicken Bacon Wrap PB&J Pack Assorted Salads	Italian Sub PB&J Pack Assorted Salads	Carlynton Club PB&J Pack Assorted Salads	Turkey Ba'Boom Sub PB&J Pack Assorted Salads
Cheese Pepperoni Meat Lover's	Cheese Pepperoni Chicken Bacon Ranch	Cheese Pepperoni Buffalo Chicken	Cheese Pepperoni Beef Taco Pizza	Cheese Pepperoni White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:  
Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers  
French Fries and Steamed Vegetables also Available Daily

### MTO DELI BAR

Made to order wraps, sandwiches, and subs  
toppings include a variety of meats and  
cheese lettuce, tomato, banana peppers,  
jalapenos, pickles, onion, assorted dressings  
\*HUMMUS AVAILABLE\*

Menus are subject to change.

All Lunches MUST  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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opportunity provider.

### MEAL PRICES

Breakfast-FREE  
Lunch- FREE  
Extra Entrée \$2.25  
Milk \$.75

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NUTRITION



# APRIL 2024

## CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 15<sup>th</sup> – 19<sup>th</sup>

Powering  
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

**MON**

**MTO DELI BAR**

-OR-

Hot Turkey Sandwich  
with Gravy & Fries

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Buffalo Chicken Wrap  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Meat Lover's

**TUES**

**NACHO BAR**

Chicken or Beef  
Cheese Sauce  
Assorted Toppings

Spicy Chicken  
Cheeseburger  
Max Sticks

Chicken Bacon Wrap  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Chicken Bacon Ranch

**WED**

**MTO DELI BAR**

-OR-

Chicken Meatball  
Gyro Wrap

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Italian Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Buffalo Chicken

**THURS**

**ASIAN BOWL**

Chili Garlic  
Popcorn Chicken  
Lo Mein or Rice

Spicy Chicken  
Cheeseburger  
Max Sticks

Carlynton Club  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Beef Taco Pizza

**FRI**

**MTO DELI BAR**

-OR-

Tomato, Pesto and  
Mozzarella Flatbread

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Turkey Ba'Boom Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:

Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers  
French Fries and Steamed Vegetables also Available Daily

### MTO DELI BAR

Made to order wraps, sandwiches, and subs  
toppings include a variety of meats and  
cheese lettuce, tomato, banana peppers,  
jalapenos, pickles, onion, assorted dressings

\*HUMMUS AVAILABLE\*

All Lunches MUST

Include Choice of:

Fruits and/or

Vegetable

And May Include:

1% Low-Fat Milk

### MEAL PRICES

Breakfast-FREE

Lunch- FREE

Extra Entrée \$2.25

Milk \$.75

Menus are subject to change.

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# APRIL 2024

## CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 22<sup>nd</sup> – 26<sup>th</sup>

Powering  
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

**MON**

**MTO DELI BAR**  
-OR-  
Chicken Fajita Wrap

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Buffalo Chicken Wrap  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Meat Lover's

**TUES**

**TATER TOT  
NACHOS**

Spicy Chicken  
Cheeseburger  
Max Sticks

Chicken Bacon Wrap  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Chicken Bacon Ranch

**WED**

**MTO DELI BAR**  
-OR-  
Southwest Turkey &  
Cheddar Panini

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Italian Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Buffalo Chicken

**THURS**

**COUGAR BOWL**

Spicy Chicken  
Cheeseburger  
Max Sticks

Carlynton Club  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Beef Taco Pizza

**FRI**

**MTO DELI BAR**  
-OR-  
Sweet & Spicy Grilled  
Chicken Sandwich

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Turkey Ba'Boom Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:

Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers  
French Fries and Steamed Vegetables also Available Daily

### MTO DELI BAR

Made to order wraps, sandwiches, and subs  
toppings include a variety of meats and  
cheese lettuce, tomato, banana peppers,  
jalapenos, pickles, onion, assorted dressings  
\*HUMMUS AVAILABLE\*

Menus are subject to change.

All Lunches MUST  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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opportunity provider.

### MEAL PRICES

Breakfast-FREE  
Lunch- FREE  
Extra Entrée \$2.25  
Milk \$.75

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# APRIL 2024

## CARLYNTON JR/SR HIGH SCHOOL LUNCH MENU

Week of 29<sup>th</sup> – May 3<sup>rd</sup>

Powering  
potential.

MAIN/DELI

GRILL

GRAB & GO

PIZZA

SIDES

**MON**

**MTO DELI BAR**  
-OR-  
Spicy Popcorn  
Chicken Panini

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Buffalo Chicken Wrap  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Meat Lover's

**TUES**

**NACHO BAR**  
Chicken or Beef  
Cheese Sauce  
Assorted Toppings

Spicy Chicken  
Cheeseburger  
Max Sticks

Chicken Bacon Wrap  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Chicken Bacon Ranch

**WED**

**MTO DELI BAR**  
-OR-  
Pulled Pork BBQ  
Panini

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Italian Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Buffalo Chicken

**THURS**

**BAKED POTATO  
BAR**

Spicy Chicken  
Cheeseburger  
Max Sticks

Carlynton Club  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
Beef Taco Pizza

**FRI**

**MTO DELI BAR**  
-OR-  
Ham & Swiss Panini

Crispy Chicken  
Cheeseburger  
Chicken Tenders

Turkey Ba'Boom Sub  
PB&J Pack  
Assorted Salads

Cheese  
Pepperoni  
White Pizza

A Variety of Fresh Fruits and Vegetables offered daily and may include:

Apples, Oranges, Bananas, Pears, Baby Carrots, Broccoli, Tomatoes, Celery, Peppers  
French Fries and Steamed Vegetables also Available Daily

### MTO DELI BAR

Made to order wraps, sandwiches, and subs  
toppings include a variety of meats and  
cheese lettuce, tomato, banana peppers,  
jalapenos, pickles, onion, assorted dressings  
\*HUMMUS AVAILABLE\*

Menus are subject to change.

All Lunches MUST  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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opportunity provider.

### MEAL PRICES

Breakfast-FREE  
Lunch- FREE  
Extra Entrée \$2.25  
Milk \$.75

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